

14. Volkslauf "Rund um das Schloss" 8.8.2007

5 km Lauf

| Pl | SNR | Hausname | Vorname | JG | Verein | AKP | AK | Zeit |
|-----|------|----------------------|-----------|------|-----------------------------------|-----|------|-------|
| 1. | 558 | Erlei | Ben | 1989 | LG Ratio Münster | 1. | M JA | 16:39 |
| 2. | 419 | Scherg | Jürgen | 1963 | Non-Stop-Ultra Brakel | 1. | M 40 | 16:42 |
| 3. | 560 | Fischer | Carlos | 1990 | Wasser+Freizeit Münster | 1. | M JB | 16:45 |
| 4. | 1485 | Chomse | Jan | 1983 | LC Soester Börde | 1. | M 20 | 16:51 |
| 5. | 515 | Sprave | Wilhelm | 1987 | ESV Münster | 2. | M 20 | 17:00 |
| 6. | 501 | Vierschilling | Robin | 1986 | ESV Münster | 3. | M 20 | 17:37 |
| 7. | 544 | Bischof | Jürgen | 1961 | LC Solbad Ravensberg | 1. | M 45 | 17:42 |
| 8. | 567 | Eiden | Matthias | 1987 | LG Ratio Münster | 4. | M 20 | 17:47 |
| 9. | 557 | Jütte | Lukas | 1990 | LG Ratio Münster | 2. | M JB | 17:48 |
| 10. | 370 | Kreickmann | Markus | 1978 | LG Ahlen | 5. | M 20 | 17:51 |
| 11. | 511 | Fabian | Thomas | 1967 | TH-Aviation-ConneXions, Südafrika | 2. | M 40 | 17:58 |
| 12. | 361 | Finke | Johannes | 1982 | | 6. | M 20 | 18:10 |
| 13. | 546 | Schüler | Nina | 1980 | ESV Münster | 1. | W 20 | 18:36 |
| 14. | 1883 | Beetz | Michael | 1992 | Pascal-Gymnasium | 1. | M SA | 18:42 |
| 15. | 1894 | Friedrich | Jan | 1986 | TC Ostbevern | 7. | M 20 | 18:46 |
| 16. | 1865 | Koch | Fritz | 1991 | LSF Münster | 3. | M JB | 18:50 |
| 17. | 1480 | Veauthier | Gregor | 1963 | LSF Münster | 3. | M 40 | 18:52 |
| 18. | 561 | Kantrowitsch | Michael | 1985 | Franks Laufshop | 8. | M 20 | 19:06 |
| 19. | 1870 | Untrieser | Christian | 1982 | Münster | 9. | M 20 | 19:18 |
| 20. | 548 | Droste zu Vischering | Rafael | 1980 | LSF Münster | 10. | M 20 | 19:27 |
| 21. | 568 | Bauer | Nils | 1990 | MC Cappenberg | 4. | M JB | 19:35 |
| 22. | 508 | Ludwig | Michael | 1964 | Haltern am See | 4. | M 40 | 19:37 |
| 23. | 1489 | Neumann | Jan | 1978 | Münster | 11. | M 20 | 19:39 |
| 24. | 1862 | Knothe | Sabrina | 1983 | LSF Münster | 2. | W 20 | 19:40 |
| 25. | 1477 | Ritzenhoff | Andreas | 1967 | Hagen | 5. | M 40 | 19:41 |
| 26. | 1488 | Frie | Julia | 1974 | LSF Münster | 1. | W 30 | 19:46 |
| 27. | 414 | Lembeck | Daniela | 1979 | LSF Münster | 3. | W 20 | 19:46 |
| 28. | 1861 | Holtkötter | Michael | 1956 | LSF Münster | 1. | M 50 | 19:47 |
| 29. | 566 | Bach | Tim | 1991 | MC Cappenberg | 5. | M JB | 19:48 |
| 30. | 575 | Hemker | Benedikt | 1985 | Marathon Steinfurt | 12. | M 20 | 19:56 |
| 31. | 1872 | Passlick | Bernhard | 1969 | LSF Münster | 1. | M 35 | 19:56 |
| 32. | 495 | Grond | Josef | 1953 | SC Nordwalde | 2. | M 50 | 20:05 |
| 33. | 580 | Seehafer | Holger | 1964 | SV Rinkerode | 6. | M 40 | 20:14 |
| 34. | 523 | König | Tim | 1992 | Gymnasium Paulinum | 2. | M SA | 20:18 |
| 35. | 574 | Hulskötter | Manfred | 1961 | SC Nordwalde | 2. | M 45 | 20:19 |
| 36. | 585 | Sievers | Gerd | 1951 | DJK Grün-Weiß Notteln | 1. | M 55 | 20:22 |
| 37. | 595 | Rachner | Frank | 1973 | Münster rennt | 1. | M 30 | 20:26 |
| 38. | 537 | Suhr | Sebastian | 1989 | Pascal-Gymnasium | 2. | M JA | 20:27 |
| 39. | 536 | Jurick | Kai | 1989 | Pascal-Gymnasium | 3. | M JA | 20:32 |
| 40. | 524 | Waltermann | Moritz | 1991 | Gymnasium Paulinum | 6. | M JB | 20:36 |
| 41. | 576 | Rosenbaum | Dieter | 1957 | Tri Finish Münster | 3. | M 50 | 20:46 |
| 42. | 579 | Bartusiak | Stanislaw | 1951 | LSF Münster | 2. | M 55 | 20:51 |
| 43. | 577 | Lenfort | Alexander | 1997 | LSF Münster | 1. | M SC | 20:54 |
| 44. | 463 | Wenning-Künne | Marc | 1994 | Pascal-Gymnasium | 1. | M SB | 21:16 |
| 45. | 1879 | Zutelgte | Josef | 1967 | Everswinkel | 7. | M 40 | 21:22 |
| 46. | 377 | Bung | Uwe | 1974 | BSG Stadtwerke Münster | 2. | M 30 | 21:26 |
| 47. | 542 | Ludwig | Valerie | 1992 | Pascal-Gymnasium | 1. | W SA | 21:27 |
| 48. | 578 | Lenfort | Stefan | 1969 | SC Nordwalde | 2. | M 35 | 21:28 |
| 49. | 334 | Berg | Julian | 1989 | Landschulheim Schloss Heessen | 4. | M JA | 21:49 |
| 50. | 1885 | Lavkamp | Thomas | 1979 | Schwanzflossen | 13. | M 20 | 21:52 |
| 51. | 599 | Müntes | Ulrich | 1959 | LSF Münster | 3. | M 45 | 21:52 |
| 52. | 569 | Wethmar | Klaus | 1942 | Münster | 1. | M 65 | 22:00 |
| 53. | 365 | Kipker | Fabian | 1992 | DJK Nottuln | 3. | M SA | 22:00 |
| 54. | 1890 | Gade | Markus | 1975 | The Flying Dutchmen | 3. | M 30 | 22:06 |
| 55. | 598 | Lammers | Dieter | 1969 | LSF Münster | 3. | M 35 | 22:06 |
| 56. | 1490 | Donnermeyer | Julian | 1993 | LG Ratio/Preußem Münster | 4. | M SA | 22:07 |
| 57. | 1479 | Biesenbaum | Thomas | 1965 | Münster | 8. | M 40 | 22:10 |
| 58. | 467 | Schmidt | Julian | 1993 | Pascal-Gymnasium | 5. | M SA | 22:11 |
| 59. | 535 | Elling | Malte | 1989 | Pascal-Gymnasium | 5. | M JA | 22:12 |
| 60. | 525 | Schmitz-Nahrath | Julius | 1990 | Gymnasium Paulinum | 7. | M JB | 22:13 |

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| Pl | SNR | Hausname | Vorname | JG | Verein | AKP | AK | Zeit |
|------|------|---------------|------------|------|-------------------------------|-----|------|-------|
| 61. | 550 | Reekers | Anton | 1993 | TV Ibbenbüren | 6. | M SA | 22:14 |
| 62. | 530 | Schönlau | Miriam | 1995 | Pascal-Gymnasium | 1. | W SB | 22:17 |
| 63. | 500 | Jücker-Deifuß | Christine | 1968 | FC Nordkirchen | 1. | W 35 | 22:17 |
| 64. | 1884 | Lippert | Jonas | 1993 | Münster | 7. | M SA | 22:29 |
| 65. | 481 | Gausling | Timo | 1995 | Pascal-Gymnasium | 2. | M SB | 22:37 |
| 66. | 484 | Wenning-Künne | Georg | 1963 | Pascal-Gymnasium | 9. | M 40 | 22:45 |
| 67. | 415 | Becks | Michael | 1956 | Gelsenwasser AG | 4. | M 50 | 22:49 |
| 68. | 418 | Ziese | Bernd | 1963 | | 10. | M 40 | 22:50 |
| 69. | 366 | Kipker | Armin | 1963 | DJK Nottuln | 11. | M 40 | 22:52 |
| 70. | 607 | Remitz | Maximilian | 1992 | Landschulheim Schloss Heessen | 8. | M SA | 22:59 |
| 71. | 396 | Feldhaus | Ralf | 1963 | BSG Westfalen AG | 12. | M 40 | 23:00 |
| 72. | 336 | Estner | Marco | 1988 | Landschulheim Schloss Heessen | 6. | M JA | 23:04 |
| 73. | 1876 | Denz | Wilfried | 1962 | Tri Finish Münster | 4. | M 45 | 23:06 |
| 74. | 329 | Wedepohl | Adrian | 1991 | Landschulheim Schloss Heessen | 8. | M JB | 23:19 |
| 75. | 587 | Wess | Stefan | 1994 | TSC Münster-Gievenbeck | 3. | M SB | 23:22 |
| 76. | 384 | Piening | Bernd | 1969 | RSV Schwalbe Oelde | 4. | M 35 | 23:23 |
| 77. | 318 | Osiewacz | Aaron | 1989 | Landschulheim Schloss Heessen | 7. | M JA | 23:30 |
| 78. | 324 | Kremer | Kornelius | 1994 | Landschulheim Schloss Heessen | 4. | M SB | 23:30 |
| 79. | 300 | Dahlmann | Bernd | 1993 | Landschulheim Schloss Heessen | 9. | M SA | 23:32 |
| 80. | 398 | Hesse | Clemens | 1978 | BSG Westfalen AG | 14. | M 20 | 23:35 |
| 81. | 319 | Zeisler | Markus | 1994 | Landschulheim Schloss Heessen | 5. | M SB | 23:35 |
| 82. | 43 | Fahrenkemper | Christian | 1994 | Landschulheim Schloss Heessen | 6. | M SB | 23:36 |
| 83. | 545 | Renne | Monika | 1954 | LC Solbad Ravensberg | 1. | W 50 | 23:38 |
| 84. | 1892 | van Dam | Peter | 1981 | The Flying Dutchmen | 15. | M 20 | 23:40 |
| 85. | 354 | Hoffmann | Harald | 1969 | Landschulheim Schloss Heessen | 5. | M 35 | 23:40 |
| 86. | 466 | Schweinoch | Lea | 1993 | Pascal-Gymnasium | 2. | W SA | 23:43 |
| 87. | 531 | Bouity | Jannis | 1995 | Pascal-Gymnasium | 7. | M SB | 23:43 |
| 88. | 386 | Laubrock | Kerstin | 1992 | | 3. | W SA | 23:43 |
| 89. | 1494 | Riener | Maximilian | 1990 | Landschulheim Schloss Heessen | 9. | M JB | 23:50 |
| 90. | 549 | Wiedenhues | Rolf | 1950 | LSF Münster | 3. | M 55 | 23:58 |
| 91. | 1481 | Günnewig | Matthias | 1963 | Münster | 13. | M 40 | 23:59 |
| 92. | 392 | Ringel | Julia | 1994 | LG Ems Warendorf | 2. | W SB | 23:59 |
| 93. | 310 | Kwiatkowski | Tom | 1990 | Landschulheim Schloss Heessen | 10. | M JB | 24:08 |
| 94. | 496 | Beer | Michael | 1951 | Team Westfälische Nachrichten | 4. | M 55 | 24:09 |
| 95. | 559 | Sanders | Yannik | 1997 | LG Ratio Münster | 2. | M SC | 24:12 |
| 96. | 491 | Rosenbaum | Nico | 1999 | TuS Hiltrup | 1. | M SD | 24:13 |
| 97. | 490 | Pieper | Moritz | 1999 | TuS Hiltrup | 2. | M SD | 24:15 |
| 98. | 503 | Steermann | Gustav | 1955 | TuS Hiltrup | 5. | M 50 | 24:15 |
| 99. | 225 | Plachta | Marian | 1998 | SG Telgte | 3. | M SD | 24:20 |
| 100. | 390 | Soboll | Ralf | 1971 | Westdeutsche ImmobilienBank | 6. | M 35 | 24:24 |
| 101. | 1476 | Brunsmann | Dirk | 1965 | Münster | 14. | M 40 | 24:25 |
| 102. | 367 | Baune | Fabian | 1992 | | 10. | M SA | 24:26 |
| 103. | 391 | Könemann | Gregor | 1980 | | 16. | M 20 | 24:26 |
| 104. | 1856 | Eickhoff | Leonhardt | 1997 | LSF Münster | 3. | M SC | 24:29 |
| 105. | 1857 | Rapp | Horst | 1966 | LSF Münster | 15. | M 40 | 24:30 |
| 106. | 474 | Milden | Siegfried | 1966 | Pascal-Gymnasium | 16. | M 40 | 24:31 |
| 107. | 521 | Fechtrup | Nikolaus | 1993 | Gymnasium Paulinum | 11. | M SA | 24:31 |
| 108. | 472 | Alsmeyer | Gerold | 1957 | Pascal-Gymnasium | 6. | M 50 | 24:31 |
| 109. | 413 | Schönbrunn | Harald | 1960 | LSF Münster | 5. | M 45 | 24:32 |
| 110. | 426 | Steding | Nils | 1996 | Pascal-Gymnasium | 4. | M SC | 24:35 |
| 111. | 1858 | Bleidibel | Martina | 1983 | Tri Finish Münster | 4. | W 20 | 24:37 |
| 112. | 437 | Morosov | Michael | 1995 | Pascal-Gymnasium | 8. | M SB | 24:37 |
| 113. | 432 | Dobenecker | Jonas | 1995 | Pascal-Gymnasium | 9. | M SB | 24:38 |
| 114. | 1498 | Jung-Tigges | Anke | 1962 | ESV Münster | 1. | W 45 | 24:38 |
| 115. | 1889 | Schlegel | Jörg | 1971 | Unna | 7. | M 35 | 24:39 |
| 116. | 1866 | Erdmann | Yannick | 1997 | Germania Mauritz | 5. | M SC | 24:43 |
| 117. | 534 | Fadda | Luca | 1992 | Pascal-Gymnasium | 12. | M SA | 24:44 |
| 118. | 427 | Steding | Dirk | 1970 | Pascal-Gymnasium | 8. | M 35 | 24:45 |
| 119. | 442 | Beike | Darius | 1996 | Pascal-Gymnasium | 6. | M SC | 24:46 |
| 120. | 1496 | Krause | Marc | 1992 | Landschulheim Schloss Heessen | 13. | M SA | 24:46 |

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| Pl | SNR | Hausname | Vorname | JG | Verein | AKP | AK | Zeit |
|------|------|---------------|--------------|------|-------------------------------|-----|------|-------|
| 121. | 1863 | Tasche-Ebbing | Guenter | 1958 | Steinfurt | 6. | M 45 | 24:50 |
| 122. | 1497 | Drewitz | Michael | 1990 | Landschulheim Schloss Heessen | 11. | M JB | 24:52 |
| 123. | 573 | Geisler | Karl Hermann | 1957 | DJK Marathon Münster | 7. | M 50 | 24:53 |
| 124. | 510 | Robbers | Matthias | 1988 | | 8. | M JA | 24:55 |
| 125. | 455 | Jungh | Timon | 1994 | Pascal-Gymnasium | 10. | M SB | 24:57 |
| 126. | 459 | Oelkers | Hannah | 1995 | Pascal-Gymnasium | 3. | W SB | 24:58 |
| 127. | 1887 | Weweler | Markus | 1967 | Sparta Münster | 17. | M 40 | 25:02 |
| 128. | 1886 | Tiedtke | Steffi | 1983 | ISW | 5. | W 20 | 25:03 |
| 129. | 516 | Berkenheide | Peter | 1992 | Gymnasium Paulinum | 14. | M SA | 25:10 |
| 130. | 387 | Schulte | Kirsten | 1978 | HSP Münster Laufteam | 6. | W 20 | 25:10 |
| 131. | 533 | Wilke | Carla-Marie | 1995 | Pascal-Gymnasium | 4. | W SB | 25:11 |
| 132. | 514 | Micheel | Reiner | 1958 | SV Hullern | 7. | M 45 | 25:11 |
| 133. | 1492 | Walczak | Christoph | 1979 | TuS Hiltrup | 17. | M 20 | 25:14 |
| 134. | 1891 | Bergin | Liam | 1976 | The Flying Dutchmen | 4. | M 30 | 25:22 |
| 135. | 588 | Fortmeier | Lukas | 1993 | TSC Münster-Gievenbeck | 15. | M SA | 25:23 |
| 136. | 1881 | Menke | Eric | 1995 | LSF Münster | 11. | M SB | 25:33 |
| 137. | 358 | Hosse | Sven | 1975 | | 5. | M 30 | 25:33 |
| 138. | 602 | Oda | Malek | 1994 | Landschulheim Schloss Heessen | 12. | M SB | 25:34 |
| 139. | 555 | Osterfels | Hermann | 1939 | SV Eintracht Osnabrück | 2. | M 65 | 25:34 |
| 140. | 320 | Thomaschewski | Jonas | 1996 | Landschulheim Schloss Heessen | 7. | M SC | 25:36 |
| 141. | 520 | Fechtrup | Daniel | 1995 | Gymnasium Paulinum | 13. | M SB | 25:37 |
| 142. | 1888 | Rümenapp | Lena | 1983 | Lünen | 7. | W 20 | 25:39 |
| 143. | 394 | Schwarzkopf | Annette | 1958 | | 2. | W 45 | 25:39 |
| 144. | 562 | Risse | Kevin | 1991 | Landschulheim Schloss Heessen | 12. | M JB | 25:39 |
| 145. | 1880 | Dierkes | Jan | 1982 | Münster | 18. | M 20 | 25:40 |
| 146. | 411 | Sporenberg | Nora | 1984 | | 8. | W 20 | 25:40 |
| 147. | 1854 | Zelke | Ulrich | 1961 | Münster | 8. | M 45 | 25:47 |
| 148. | 506 | Carho | Berit | 1971 | Bardu, Norwegen | 2. | W 35 | 25:49 |
| 149. | 592 | Ammermann | Felix | 1995 | TSC Münster-Gievenbeck | 14. | M SB | 25:50 |
| 150. | 570 | Schürmann | Monika | 1965 | Wasser+Freizeit Münster | 1. | W 40 | 25:52 |
| 151. | 1475 | Ludwig | Sophie | 1999 | Pascal-Gymnasium | 1. | W SD | 25:52 |
| 152. | 498 | Baumjohann | Nina | 1983 | | 9. | W 20 | 25:53 |
| 153. | 471 | Winkel | Caspar | 1960 | Pascal-Gymnasium | 9. | M 45 | 25:53 |
| 154. | 349 | Bartels | Volker | 1964 | Landschulheim Schloss Heessen | 18. | M 40 | 25:54 |
| 155. | 439 | Szustkowski | David | 1996 | Pascal-Gymnasium | 8. | M SC | 25:58 |
| 156. | 513 | Deitmer | Lino | 1995 | Paulinum | 15. | M SB | 26:03 |
| 157. | 565 | Römer | Sonja | 1982 | Münster | 10. | W 20 | 26:10 |
| 158. | 564 | Römer | Matthias | 1979 | Münster | 19. | M 20 | 26:10 |
| 159. | 438 | Simons | Aljoscha | 1996 | Pascal-Gymnasium | 9. | M SC | 26:19 |
| 160. | 404 | Puke | Frank | 1954 | | 8. | M 50 | 26:21 |
| 161. | 1487 | Pennekamp | Heike | 1969 | BSG Sparkasse Münsterland Ost | 3. | W 35 | 26:24 |
| 162. | 40 | Tausendfreund | Julius | 1995 | Landschulheim Schloss Heessen | 16. | M SB | 26:30 |
| 163. | 528 | Schumacher | Tim | 1996 | Gymnasium Paulinum | 10. | M SC | 26:31 |
| 164. | 372 | Winter | Michael | 1960 | | 10. | M 45 | 26:41 |
| 165. | 494 | Cherouny | Lothar | 1952 | DJK-Eintracht-Hiltrup | 5. | M 55 | 26:42 |
| 166. | 512 | Feddermann | Kathrin | 1973 | | 2. | W 30 | 26:44 |
| 167. | 502 | Grube | Frank | 1970 | TuS Hiltrup | 9. | M 35 | 26:44 |
| 168. | 308 | Asmussen | Jonas | 1991 | Landschulheim Schloss Heessen | 13. | M JB | 26:46 |
| 169. | 518 | Klingebiel | Marius | 1996 | Gymnasium Paulinum | 11. | M SC | 26:49 |
| 170. | 492 | Stratmann | Renate | 1950 | DJK-Eintracht-Hiltrup | 1. | W 55 | 26:51 |
| 171. | 348 | Littau | Philipp | 1991 | Landschulheim Schloss Heessen | 14. | M JB | 26:52 |
| 172. | 571 | Kaimann | Willi | 1996 | Münster | 12. | M SC | 26:52 |
| 173. | 616 | Hundenborn | Alexander | 1990 | Landschulheim Schloss Heessen | 15. | M JB | 26:53 |
| 174. | 543 | Ballhause | Klaus | 1939 | AKRO Hannover | 3. | M 65 | 26:55 |
| 175. | 517 | Heinrich | Wolfgang | 1969 | Gymnasium Paulinum | 10. | M 35 | 26:56 |
| 176. | 529 | Mechelhoff | Dieter | 1950 | Gymnasium Paulinum | 6. | M 55 | 26:56 |
| 177. | 594 | Eggenhaus | Margret | 1948 | TuS Hiltrup | 2. | W 55 | 26:57 |
| 178. | 424 | Kolitz | Bernd | 1963 | Pascal-Gymnasium | 20. | M 40 | 27:01 |
| 179. | 350 | Frydrychowicz | Wieland | 1955 | Landschulheim Schloss Heessen | 9. | M 50 | 27:03 |
| 180. | 449 | Nelson | Paul | 1996 | Pascal-Gymnasium | 13. | M SC | 27:04 |

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| Pl | SNR | Hausname | Vorname | JG | Verein | AKP | AK | Zeit |
|------|------|-----------------|--------------|------|-------------------------------|-----|------|-------|
| 181. | 383 | Zimmermann | Jutta | 1970 | | 4. | W 35 | 27:11 |
| 182. | 497 | Többen | Leonie | 1996 | | 1. | W SC | 27:13 |
| 183. | 551 | Seyfried | Ernst August | 1935 | ASV Senden | 1. | M 70 | 27:14 |
| 184. | 400 | Arndt | Jannik | 1997 | Breithardt Holzhausen | 14. | M SC | 27:14 |
| 185. | 596 | Splithoff | Andreas | 1960 | Team Westfälische Nachrichten | 11. | M 45 | 27:16 |
| 186. | 597 | Welker | Christian | 1964 | Team Westfälische Nachrichten | 21. | M 40 | 27:17 |
| 187. | 589 | Blome | David | 1995 | TSC Münster-Gievenbeck | 17. | M SB | 27:30 |
| 188. | 421 | Müllmann | Oliver | 1967 | BSV Roxel | 22. | M 40 | 27:32 |
| 189. | 583 | Hänscheid | Sven | 1982 | Münster | 20. | M 20 | 27:34 |
| 190. | 499 | Többen | Alina | 1992 | | 4. | W SA | 27:35 |
| 191. | 465 | Möller | Tessa | 1994 | Pascal-Gymnasium | 5. | W SB | 27:37 |
| 192. | 340 | Großerichter | Philipp | 1989 | Landschulheim Schloss Heessen | 9. | M JA | 27:38 |
| 193. | 371 | Winter | Martin | 1959 | TuS Neumühl | 12. | M 45 | 27:40 |
| 194. | 591 | Schulze Berge | Nico | 1994 | TSC Münster-Gievenbeck | 18. | M SB | 27:40 |
| 195. | 1855 | Gaisendrees | Laura | 1989 | Pascal-Gymnasium | 1. | W JA | 27:54 |
| 196. | 470 | Bindewald | Lothar | 1955 | Pascal-Gymnasium | 10. | M 50 | 27:56 |
| 197. | 303 | Düchting | Niklas | 1991 | Landschulheim Schloss Heessen | 16. | M JB | 27:58 |
| 198. | 388 | Babel | Mark | 1996 | VFL Hüls | 15. | M SC | 28:00 |
| 199. | 379 | Bültel | Wilhelm | 1949 | LG Emsdetten | 7. | M 55 | 28:01 |
| 200. | 1478 | Ritzenhoff Dr. | Hans | 1938 | Solingen | 4. | M 65 | 28:04 |
| 201. | 582 | Klaas | Benjamin | 1978 | FC Kempten | 21. | M 20 | 28:06 |
| 202. | 563 | Cichon | Annette | 1963 | Altenberge | 2. | W 40 | 28:07 |
| 203. | 389 | Babel | Nina | 1996 | VFL Hüls | 2. | W SC | 28:08 |
| 204. | 434 | Hausmann | Jan | 1996 | Pascal-Gymnasium | 16. | M SC | 28:13 |
| 205. | 378 | Meyer | Tom | 1997 | Düsseldorfer Rennmuckels | 17. | M SC | 28:14 |
| 206. | 1484 | Porrmann | Simone | 1968 | Münster | 5. | W 35 | 28:15 |
| 207. | 586 | Kriegesmann | Roy | 1971 | TSC Münster-Gievenbeck | 11. | M 35 | 28:23 |
| 208. | 1882 | Jansen | Florian | 1992 | Münster | 16. | M SA | 28:24 |
| 209. | 1491 | Raestrup | Dieter | 1942 | LSF Münster | 5. | M 65 | 28:31 |
| 210. | 435 | Mäkel | Elias | 1995 | Pascal-Gymnasium | 19. | M SB | 28:34 |
| 211. | 451 | Schiwy | Felix | 1996 | Pascal-Gymnasium | 18. | M SC | 28:38 |
| 212. | 464 | Flora | Lino | 1994 | Pascal-Gymnasium | 20. | M SB | 28:38 |
| 213. | 397 | Benecken | Peter | 1963 | BSG Westfalen AG | 23. | M 40 | 28:39 |
| 214. | 405 | Gaudernack | Jörg | 1961 | | 13. | M 45 | 28:41 |
| 215. | 527 | Müller-Remsmann | Claudius | 1992 | Gymnasium Paulinum | 17. | M SA | 28:50 |
| 216. | 420 | Beuing | Agnes | 1952 | rochusrunners | 3. | W 55 | 28:52 |
| 217. | 313 | Lütke | Justus | 1987 | Landschulheim Schloss Heessen | 22. | M 20 | 28:53 |
| 218. | 1895 | Schwertner | Fenja | 1994 | TV Friesen Telgte | 6. | W SB | 28:54 |
| 219. | 526 | Grave | Gert | 1951 | Gymnasium Paulinum | 8. | M 55 | 28:55 |
| 220. | 522 | Fechtrup | Anja | 1964 | Gymnasium Paulinum | 3. | W 40 | 28:55 |
| 221. | 590 | Sauerland | Philipp | 1996 | TSC Münster-Gievenbeck | 19. | M SC | 28:58 |
| 222. | 423 | Gierse | Marion | 1965 | Pascal-Gymnasium | 4. | W 40 | 28:59 |
| 223. | 1893 | Fraune | Cornelia | 1980 | The Flying Dutchmen | 11. | W 20 | 29:01 |
| 224. | 554 | Schatzl | Katharina | 1994 | Münster | 7. | W SB | 29:04 |
| 225. | 1486 | Fischer | Georg | 1942 | SV Teutonia Coerde | 6. | M 65 | 29:05 |
| 226. | 593 | Manthei | Stephanie | 1961 | TuS Hiltrup | 3. | W 45 | 29:07 |
| 227. | 403 | Koßmeier | Jürgen | 1951 | | 9. | M 55 | 29:10 |
| 228. | 605 | Hirsch | Moritz | 1995 | Landschulheim Schloss Heessen | 21. | M SB | 29:13 |
| 229. | 1860 | Leimbach | Lennart | 1995 | SV Münster | 22. | M SB | 29:17 |
| 230. | 1859 | Leimbach | Hans-Peter | 1957 | SV Münster | 11. | M 50 | 29:18 |
| 231. | 321 | Eidecker | Thilo | 1994 | Landschulheim Schloss Heessen | 23. | M SB | 29:18 |
| 232. | 469 | Köpping | Christine | 1989 | Pascal-Gymnasium | 2. | W JA | 29:18 |
| 233. | 322 | Jaspert | Sinah | 1994 | Landschulheim Schloss Heessen | 8. | W SB | 29:19 |
| 234. | 428 | Wehmeyer | Claudia | 1965 | Pascal-Gymnasium | 5. | W 40 | 29:26 |
| 235. | 417 | Schröten | Jutta | 1963 | | 6. | W 40 | 29:28 |
| 236. | 1867 | Erdmann | Nicola | 1967 | Münster | 7. | W 40 | 29:32 |
| 237. | 363 | Hoger | Tim | 1973 | | 6. | M 30 | 29:34 |
| 238. | 476 | Hausmann | Jutta | 1967 | Pascal-Gymnasium | 8. | W 40 | 29:34 |
| 239. | 364 | van Schelvel | Hans-Gerd | 1977 | | 7. | M 30 | 29:36 |
| 240. | 1482 | Sielker | Reinhold | 1927 | Borussia Münster 07 | 1. | M 80 | 29:44 |

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5 km Lauf

| Pl | SNR | Hausname | Vorname | JG | Verein | AKP | AK | Zeit |
|------|------|---------------|--------------|------|----------------------------------|-----|------|-------|
| 241. | 316 | Wessels | Lukas | 1989 | Landschulheim Schloss Heessen | 10. | M JA | 29:45 |
| 242. | 315 | Wegner | René | 1988 | Landschulheim Schloss Heessen | 11. | M JA | 29:45 |
| 243. | 330 | Arrenberg | Roman | 1995 | Landschulheim Schloss Heessen | 24. | M SB | 29:46 |
| 244. | 462 | Topp | David | 1994 | Pascal-Gymnasium | 25. | M SB | 29:48 |
| 245. | 1499 | Bähr | Katja | 1992 | SC Münster 08 | 5. | W SA | 29:59 |
| 246. | 381 | Bähr | Thomas | 1960 | | 14. | M 45 | 30:00 |
| 247. | 1896 | Baumann | Klaus | 1969 | Münster | 12. | M 35 | 30:04 |
| 248. | 480 | Oelkers | Gabriele | 1959 | Pascal-Gymnasium | 4. | W 45 | 30:08 |
| 249. | 505 | Staiss | Annette | 1962 | | 5. | W 45 | 30:11 |
| 250. | 355 | Drewitz | Thomas | 1965 | | 24. | M 40 | 30:16 |
| 251. | 519 | Brackhagen | Benedikt | 1996 | Gymnasium Paulinum | 20. | M SC | 30:21 |
| 252. | 1878 | Rohm | Anke | 1968 | LSF Münster | 6. | W 35 | 30:24 |
| 253. | 1877 | vom Brauck | Markus | 1962 | LSF Münster | 15. | M 45 | 30:25 |
| 254. | 360 | Büscher | Jochen | 1972 | | 13. | M 35 | 30:30 |
| 255. | 572 | van Schelvel | Hans-Gerhard | 1945 | Münster | 1. | M 60 | 30:42 |
| 256. | 376 | Vogel | Michael | 1966 | BSG Laufen GAD | 25. | M 40 | 30:46 |
| 257. | 429 | Kabanda | Fabrice | 1996 | Pascal-Gymnasium | 21. | M SC | 30:48 |
| 258. | 374 | Schmies | Irmgard | 1954 | BSG Laufen GAD | 2. | W 50 | 30:49 |
| 259. | 1483 | Orlowski | Susanne | 1970 | Münster | 7. | W 35 | 30:50 |
| 260. | 375 | Trzaska | Reinhold | 1934 | BSG Laufen GAD | 2. | M 70 | 30:53 |
| 261. | 584 | Zink | Markus | 1982 | Greven | 23. | M 20 | 30:55 |
| 262. | 431 | Diehle | Philipp | 1997 | Pascal-Gymnasium | 22. | M SC | 31:00 |
| 263. | 475 | Dr. Diehle | Jürgen | 1965 | Pascal-Gymnasium | 26. | M 40 | 31:00 |
| 264. | 552 | Teuber | Jessica | 1985 | LG Coesfeld | 12. | W 20 | 31:06 |
| 265. | 412 | Kipp | Susanne | 1969 | | 8. | W 35 | 31:14 |
| 266. | 369 | Sieberg | Sabrina | 1980 | | 13. | W 20 | 31:31 |
| 267. | 368 | Geissler | Stefanie | 1978 | | 14. | W 20 | 31:32 |
| 268. | 556 | Höfermann | Ulrike | 1943 | Lauftreff Handorf | 1. | W 60 | 31:38 |
| 269. | 353 | Heimühle | Jürgen | 1960 | Landschulheim Schloss Heessen | 16. | M 45 | 31:45 |
| 270. | 317 | Wohnhas | Leonard | 1991 | Landschulheim Schloss Heessen | 17. | M JB | 31:46 |
| 271. | 553 | Schatzl | Theresa | 1997 | Münster | 3. | W SC | 31:57 |
| 272. | 509 | Robbers | Dagmar | 1957 | Blau-Weiß Aasee | 3. | W 50 | 31:57 |
| 273. | 444 | Hacke | Ben | 1996 | Pascal-Gymnasium | 23. | M SC | 32:07 |
| 274. | 1493 | Pfeiffer | Dietmar | 1944 | Münster | 2. | M 60 | 32:13 |
| 275. | 395 | Berghoff | Michael | 1963 | BSG Westfalen AG | 27. | M 40 | 32:26 |
| 276. | 477 | Schleiß-Grewe | Dorothee | 1960 | Pascal-Gymnasium | 6. | W 45 | 32:33 |
| 277. | 433 | Gerber | Marvin | 1995 | Pascal-Gymnasium | 26. | M SB | 32:44 |
| 278. | 410 | Fischer | Iris | 1974 | | 3. | W 30 | 32:46 |
| 279. | 344 | Helling | Stella | 1993 | Landschulheim Schloss Heessen | 6. | W SA | 32:50 |
| 280. | 326 | Bensch | Lisa | 1992 | Landschulheim Schloss Heessen | 7. | W SA | 32:51 |
| 281. | 1868 | Grümme | Anke | 1972 | Münster | 9. | W 35 | 33:04 |
| 282. | 1871 | Schwar | Sabine | 1971 | Münster | 10. | W 35 | 33:04 |
| 283. | 1495 | Schafmann | Lena-Sophie | 1990 | Landschulheim Schloss Heessen | 1. | W JB | 33:05 |
| 284. | 486 | Gilaremin | Beate | 1958 | Pascal-Gymnasium | 7. | W 45 | 33:07 |
| 285. | 482 | Köpping | Petra | 1961 | Pascal-Gymnasium | 8. | W 45 | 33:08 |
| 286. | 380 | Rolf | Christine | 1975 | | 4. | W 30 | 33:10 |
| 287. | 357 | Meimberg | Heike | 1978 | | 15. | W 20 | 33:11 |
| 288. | 373 | Thiem | Barbara | 1969 | BSG Laufen GAD | 11. | W 35 | 33:27 |
| 289. | 422 | Münstermann | Uschi | 1966 | BSV Roxel | 9. | W 40 | 33:30 |
| 290. | 399 | Mönkediek | Julia | 1981 | BSG Westfalen AG | 16. | W 20 | 33:35 |
| 291. | 1853 | Ahlers | Ulrike | 1966 | GW Amelsbüren | 10. | W 40 | 33:45 |
| 292. | 1500 | Alker | Nicola | 1968 | Münster | 12. | W 35 | 33:45 |
| 293. | 581 | Eilentrop | Holger | 1956 | Münster | 12. | M 50 | 33:47 |
| 294. | 436 | Materna | Jost | 1996 | Pascal-Gymnasium | 24. | M SC | 33:51 |
| 295. | 407 | Herweg | Britta | 1958 | | 9. | W 45 | 33:56 |
| 296. | 339 | Kron | Sven | 1990 | Landschulheim Schloss Heessen | 18. | M JB | 33:59 |
| 297. | 401 | Arndt | Steffen | 1995 | Breithardt Holzhausen | 27. | M SB | 34:11 |
| 298. | 430 | Kabanda | Briska | 1967 | Pascal-Gymnasium | 11. | W 40 | 34:32 |
| 299. | 489 | Klöpping | Gunda | 1963 | BSG AGRAVIS Raiffeisen AG, Münst | 12. | W 40 | 34:33 |
| 300. | 307 | Kapser | Demian | 1995 | Landschulheim Schloss Heessen | 28. | M SB | 34:57 |

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| Pl | SNR | Hausname | Vorname | JG | Verein | AKP | AK | Zeit |
|------|------|---------------------|-------------|------|-------------------------------|-----|------|-------|
| 301. | 540 | Wewers-Fadda | Barbara | 1954 | Pascal-Gymnasium | 4. | W 50 | 35:14 |
| 302. | 351 | Schreiber | Reinhard | 1947 | Landschulheim Schloss Heessen | 3. | M 60 | 35:45 |
| 303. | 450 | Rolf | Lucia | 1995 | Pascal-Gymnasium | 9. | W SB | 36:24 |
| 304. | 478 | Rolf | Bernd | 1959 | Pascal-Gymnasium | 17. | M 45 | 36:25 |
| 305. | 487 | Fleischer | Helmut | 1922 | | 1. | M 85 | 36:34 |
| 306. | 408 | Cornejo-Baltes | Rosa | 1978 | | 17. | W 20 | 36:52 |
| 307. | 347 | Figgen | Joanna | 1993 | Landschulheim Schloss Heessen | 8. | W SA | 36:54 |
| 308. | 346 | Minks | Mira | 1992 | Landschulheim Schloss Heessen | 9. | W SA | 37:01 |
| 309. | 1869 | Hunsteger-Petermann | Maria | 1980 | Landschulheim Schloss Heessen | 18. | W 20 | 37:25 |
| 310. | 541 | Braun | Uwe | 1963 | Pascal-Gymnasium | 28. | M 40 | 38:25 |
| 311. | 323 | Pingel | Ann-Kathrin | 1989 | Landschulheim Schloss Heessen | 3. | W JA | 39:33 |
| 312. | 305 | Wittler | Tobias | 1990 | Landschulheim Schloss Heessen | 19. | M JB | 39:33 |